



# GOLD CUP

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## NORDIC FOLKBOAT

Goldcup  
[Month Year dd<sup>th</sup> to dd<sup>th</sup>]  
[Location – Nation]

Organising Authority: [sailing club] in conjunction with the Nordic Folkboat International Association and the [National] Nordic Folkboat Association

# SAILING INSTRUCTIONS

## template example only



## **1 RULES**

**1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

**1.2** The national prescriptions which will apply are incorporated into the sailing instructions.

**1.3** The articles for the Gold Cup and Folkboat Class Rules will apply. The current version of the articles and the class rules can be found on [www.folkboat.com](http://www.folkboat.com).

**1.4** Personal floatation shall be of a suitable size and certified by an internationally recognized authority.

**1.5** Racing rule(s) will be changed as follows:

- Rules 32.2 changed to signal shortening before first boat beginning last leg
- Rules 35, A4 and A5 will be changed to state that boats failing to finish within 60 minutes after the first boat sails the course and finishes will be scored Did Not Finish.
- Rule 44.1 will be changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- Rule 60.1(a) will be changed to state that a competitor cannot protest another boat or competitor for breaches of some specific parts of the sailing instructions.
- Rule 61.1(b) will be changed so protests from race committee or protest committee only will be displayed on the official notice board.
- Rule 62.1(a) will be changed so failure to meet the target time or target distance will not be grounds for redress.
- Rules 62.2 and 66 will be changed to shorten the time limit for a request for redress and for reopening of protest hearings on the last scheduled day of racing.
- Rules A4 and A5 will be changed to state that at boat starting later than 4 minutes after her starting signal will be scored Did Not Start.

The changes will appear in full in the sailing instructions. The sailing instructions may also change other racing rules.

## **2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board(s) [located in the sailing centre/posted online at the event site].

## **3 CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before [hh.mm] on the day it will take effect, except that any change to the schedule of races will be posted before [hh.mm] the day before it will take effect.

## **4 SIGNALS MADE ASHORE**

**4.1** Signals made ashore will be displayed [in front of the sailing centre/at the event-site].

**4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

## **5 SCHEDULE OF RACES**

**5.1** TIME SCHEDULE:

Day	Planned Time		Planned No. of races
Day 1	12.00-18.00	Check-In	
Day 2	9.00-12.00	Check-in	
	09.00	Opening of the regatta	
	12.00	First Warning Signal of the day	1 or 2
Day 3	11.00	First Warning Signal of the day	2 or 3
Day 4	11.00	First Warning Signal of the day	2 or 3
Day 5	11.00	First Warning Signal of the day	1 or 2
	19.00	Price giving and regatta dinner	

**5.2** On the last day of the regatta no warning signal will be made after [ hh.mm].

**5.3** Change of schedule may occur for any reason decided by the race committee, and will be announced on notice board before 20.00 the day before. Any change of schedule given under this paragraph will not be ground for redress. This changes rule 62.1 (a).

## **6 CLASS FLAGS**

Class flag will be [a white flag with letter F].

## **7 RACING AREAS**

Attachment 1 shows the location of racing areas.

## **8 THE COURSES**

**8.1** The diagram in Attachment 2 shows the course, including the order in which marks are to be passed, and the side on which each mark is to be left. In accordance with the articles for the Gold Cup the distance between mark 1 and marks 2S / 2P will be at least 1,8 NM. Any deviations shall not be grounds for redress. This changes RRS 62.1(a).

**8.2** In the case that a single gate mark is missing, the gate mark which is in position should be left to port.

**8.3** No later than the warning signal, the race committee signal boat intends to display the approximate compass bearing of the first leg. Failure in the bearing displayed shall not be grounds for redress, this changes RRS 62.

## **9 MARKS**

**9.1** Marks 1, 2S and 2P will be [color cylinders]. Mark 1A will be a [buoy with color flag].

**9.2** The starting marks will be a race committee vessel at starboard end and may include an attached bouy, and a bouy or boat with a staff displaying orange flag or staff at port-end.

The finishing marks will be a race committee vessel with a blue flag and a staff buoy with a blue flag.

## **10 CHECK-IN**

**10.1** Prior to the first warning signal of the first race of the day, boats shall be recorded as being in the starting area by sailing on up-wind starboard-tack past a 'check in gate' formed by the bouy at the stern of the race committee signal vessel and a red leeward buoy. Boats not complying with this instruction will be scored DNC, Did Not come to the starting area, without a hearing, this changes RRS 63.1, A4 and A5. [this can be changed by other convenient check-procedure]

## **11 THE START**

**11.1** Races will be started by using rule 26.

To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made. It will be removed 4 minutes after the start.

- 11.2** The starting line will be between a staff displaying an orange flag on the starting mark at the starboard end and a staff/mast displaying an orange flag at the port-end starting mark.
- 11.3** A boat starting later than 4 minutes after her starting signal will be scored DNS Did Not Start without a hearing. This changes rule A4 and A5.
- 11.4** As a courtesy, the port end race committee pin vessel can display the visual start signal flags and recall signal flags concurrently with the race committee signal vessel. Failure at the port end race committee pin vessel when displaying such flags shall not be grounds for redress, this changes RRS 62.
- 12** **CHANGE OF THE NEXT LEG OF THE COURSE**  
To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position. Failure in RRS 33a or 33b signals shall not be grounds for redress, this changes RRS 62.
- 12.1** **SHORTENING THE COURSE**  
**Example 1**  
If shortening the course is signalled by flag S and two sounds, it will be done at a mark or gate which the leading boat is to round, and it means that the finishing line will be at the end of the leg that is starting with the mark the first boat is about to round and ending  
a) At a gate between the gate marks  
b) At a rounding mark in position or moved, between the mark and a staff displaying flag S  
This changes RRS 32.2. Failure in RRS 33a or 33b signals shall not be grounds for redress, if the leg is changed as part of the shortening.  
**Example 2**  
If RC displays [flag D or other] along with repeated audio signals, at one leg of the track at a rounding mark or gate, that means RC will shorten the course so this will be the final leg, and the next mark may be moved to a finish line according to RRS 32.2. This can be done together with or without flag C in accordance with RRS 33.  
Error or omission of signaling acc. SI 12.1 is not subject to protest or reimbursement  
**Example 3**  
According to RRS 32.2.
- 13** **THE FINISH**  
The finishing line will be between a blue flag on the finishing mark at the starboard end and a blue flag at the port-end finishing mark.
- 14** **PENALTY SYSTEM**  
Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 15** **TIME LIMIT**  
Boats failing to finish within 60 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.
- 16** **PROTESTS AND REQUESTS FOR REDRESS**
- 16.1** Protest forms are available at the race office, located in the sailing centre. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2** The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the sailing centre, beginning at the time posted.
- 16.4** Notices of protests by the race committee or protest committee will be posted on the official notice board to inform boats under rule 61.1(b).

- 16.5** Breaches of instructions 17, 21, 23, 24 and 25 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 16.6** On the last scheduled day of racing a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
  - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.
- This changes rule 66.
- 16.7** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

## **17 SCORING**

- 17.1** 4 races are required to be completed to award the Gold Cup.
- 17.2** Excluding scores
- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
  - (b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## **18 SAFETY REGULATIONS**

- 18.1** A boat that retires from a race shall notify the race committee as soon as possible, and if possible, display her national flag.
- 18.2** National legislation may require every boat to be equipped with personal buoyancy for the number of persons on board at any time, and sailing instruction may require the buoyancy to be used when the boat is [afloat/racing/intending to race].

## **19 REPLACEMENT OF CREW OR EQUIPMENT**

- 19.1** Substitution of competitors will not be allowed without prior written approval of the race committee.
- 19.2** Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **20 EQUIPMENT CHECKS AND SAIL NUMBERS**

- 20.1** A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.
- 20.2** In accordance with rule G3, boats which are borrowed or chartered for the event may use a sail number and the national letters of the club which the boat represents in the regatta.

## **21 OFFICIAL BOATS**

Official boats will display the burgee of event and/or a flag identifying their function (press, jury).

## **22 SUPPORT BOATS**

Support boats shall register during scheduled registration, declaring to which boat or boats they are attached. They will be required to display an identification flag supplied by the organizing authority. Team leaders, coaches and other support personnel shall stay outside

areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

### **23 TRASH DISPOSAL**

Trash should be kept onboard when sailing or may be placed aboard support or official boats.

### **24 HAUL-OUT RESTRICTIONS**

Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

### **25 DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta, except with and according to the terms of prior written permission of the race committee.

### **26 RADIO COMMUNICATION**

**26.1** Except in an emergency, a boat shall neither make wireless transmissions while racing nor receive wireless communications not available to all boats, except communication restricted solely internal at the boat. This restriction also applies to navigational instruments connection as restricted in class rules, smartphones, mobile telephones or any device connected to the internet.

**26.2** Information regarding the races (as postponements, restarts, boats scored OCS, intentions of the race committee etc.) may be transmitted by the race committee to the competitors on VHF channel 77. Any information, including errors, delays or omissions in information, given under this paragraph will not be ground for redress. This changes rule 62.1 (a).

### **27 PRIZES**

The Gold Cup trophy will be awarded to the winning boats yacht club in accordance with the articles for the Gold Cup. In addition, there will be prizes for the 10 highest ranked boats. Prize giving ceremony will be open for all public, and prizes will be given starting with lowest ranked and ending with the Goldcup winner celebration.

### **28 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

### **29 INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of [xxxEUR Million] per incident or the equivalent. The insurance company must respect the Racing Rules of Sailing as a basis for resolving any disputes, which can be resolved by those. The organising authority cannot be held responsible for any issues arising as a result of actions or omissions by participating boats, including insufficient insurance cover.

### **30 RACE OFFICIALS**

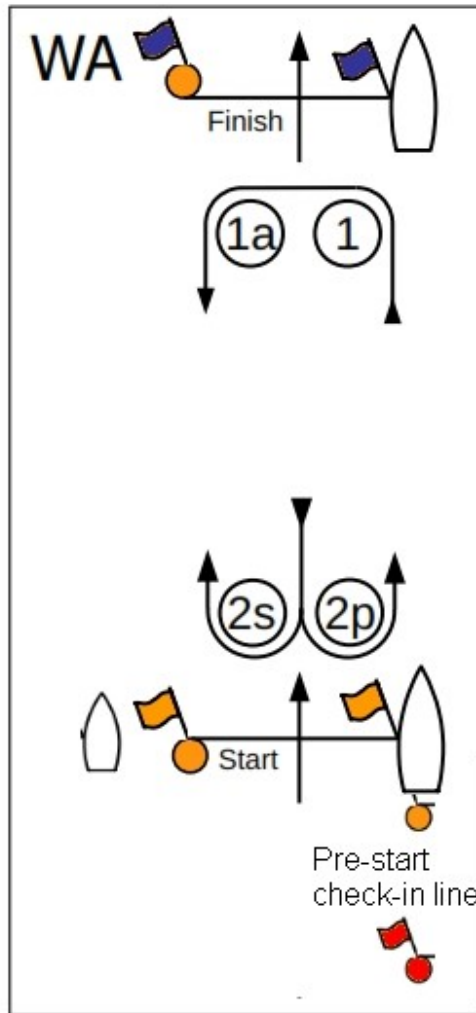
<b>Race Officer:</b>	[name, club] (inter)National Race Officer
<b>Protest Committee:</b>	[name, club] (inter)National Judge [name, club] (inter)National Judge [name, club] [name, club]
<b>Measurer:</b>	[name, club] NFIA Approved Measurer [name, club] Club Measurer

**Attachment 1: Approximate location of race area**

Any deviations in location of course or boats sailing outside the marked circle shall not be grounds for redress. This changes RRS 62.1(a).



**Attachment 2: Course diagram**



Course WA – Windward/Leeward with Offset Mark, Windward Finish	
Signal	Mark Rounding Order
WA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – Finish

Mark rounding order: START – 1 – 1a – 2S/2P – 1 – 1a – 2S/2P – FINISH

Marks 1 and 1a are rounding marks, and should be left on port side

Marks 2S and 2P are gate marks.